

**UNIVERSITY OF KERALA**  
**NATIONAL SERVICE SCHEME**

**Units 28 a, b**



**SreeNarayana College, Punalur**

**Annual Report 2016 – 17**

Programme officers

1. Dr. Bijo S Anand
2. Prof. Biji M S

Principal

Dr. G Jayasenan

# **National Service Scheme Units 28 a, b**

## **SreeNarayana College, Punalur**

### **University of Kerala**

**Report on NSS activities from 01-06-2016 to 31-05-2017**

#### **Description of activities**

##### **World Environment day June 5**

NSS activities of the year 2016-17 began by observing World Environment Day. The Principal, Dr. G. Jayasenan inaugurated the programme by planting a sapling in the college premise. He gave a brief address to the students on the importance of conserving and protecting our environment for a better future. Teachers of various departments accompanied and participated in the programme by planting saplings. NSS volunteers actively participated in this event and planted more than 25 saplings in the college premises.



## **Clean Campus Programme (18-06-2016)**

A one day camp was held in the college auditorium. The camp began with the recital of NSS song. Awareness was given to the students regarding the day's schedule. The students were divided into groups and were selected under the guidance of NSS programme officers. Cleaning of the college premises and nurturing the saplings planted on Environment day were the various things included under the schedule of the day. The volunteers gave a review of the day's programme.



## **Anti-drug day June 26**

Anti-drug day was observed on this day. Excise Department and NSS unit jointly organized a quiz competition and essay writing competition to create awareness among students regarding anti-drugs. The programme was conducted on 25-06-2016(Saturday). The excise officer delivered a speech on Anti-drug campaign which dealt with the ill effects of being addicted to drugs and alcohol. He exhorted that the younger generation should actively campaign against such things in order to completely root out it from our society. After this session, a

documentary show that focused on the ill effects of drug addiction was shown to the students



### **Seminar (02-07-2016)**

A one day camp was held in the college auditorium. The volunteers were given an awareness class on the topic 'Water borne Diseases during Monsoon and its Precautions'. He dealt upon the various methods by which we could prevent the breeding of mosquitoes and avoid the spread of vector borne diseases. The class span for one hour. After this session, the volunteers were divided into groups and they cleaned the college campus and the boundaries that made suitable conditions for the mosquitoes to dwell on.

### **Seminar (16-07-2016)**

A seminar on Natural Calamities and Disaster Management was held on 16.07.2016. As India is a state vulnerable to various types of natural calamities like earth quakes, landslides, droughts etc., it is high time that every individual should have a basic knowledge on how to cope with the sudden onset of such calamities.

Volunteers actively participated in the seminar and also made paper presentations on the topic. After the seminar presentation the volunteers conducted a debate competition on the topic Conservation of Mangrove Forest. All the volunteers actively participated in the debate.

### **Clean Campus Programme (23-07-2016)**

A one day camp was conducted at the college. The meeting which held in the college auditorium began with NSS song. New students were selected for enrollment in the NSS. The students were divided into groups and leaders were selected to monitor cleaning programme that is to be held after the selection. After the clean campus programme, the students gave a review of the day's programme.



### **Seminar (06-08-2106)**

A seminar was conducted on the topic 'Human Rights in India, The Basic Issues'. It was an apt day to make a talk on human rights, as the day was the Hiroshima day which was the greatest violations on human rights. The lecture on the topic was given by Adv.T.Y.Lukose. The seminar session ended up with a question answer section.

## Independence Day Celebrations-August 15

The day was observed by hoisting the flag by the Principal. He addressed the students and teachers and made a short speech on the need to inculcate a spirit of patriotism among the youth. In an age of growing technology and digital war one should not forget the sacrifice of hundreds of people who have given their lives for their nation. A quiz competition and an elocution competition were conducted and the winners were awarded.

### Rally (22-08-2016)

A rally was conducted jointly by the Punalur Janamaythri Police and NSS unit in order to create awareness on 'Traffic Rules - Do's and Don'ts'. More than 100 volunteers participated in this event carrying pluck cards made of paper. The volunteers were careful not to use any kind of plastic objects in the rally. The rally began at 10:00 a.m and ended by 12:30 p.m. Volunteers distributed notices that contained road safety measures.



## **Sathbhavana Day -August 20**

Sathbhavana day was observed and an elocution competition was held as part of this day. Volunteers took a pledge to mark the day.

## **Quiz competition (27-08-2016)**

As directed by the Kollam District Collector for the popularization of Swacha Bharatha Mission a quiz was conducted on behalf of college NSS unit. The quiz competition was entitled 'Ente Nadine Ariyuvan'. The volunteers were grouped into teams and each team collected information about Punalur where our college is situated. A report was made based on the details collected and each group prepared questions from the report. Finally the quiz competition was conducted based on the questions prepared by the teams. Prizes were awarded by the Principal for the winners.

## **Clean Campus Programme (03-09-2016)**

The volunteers assembled in the Seminar Hall for the NSS song recital and were then divided into groups. The programme of the day consists of cleaning the backyard of college auditorium for making a plantation space with the support of Bhumithrasena club functioning in our college. The volunteers gave a review of the day's camp.



### **NSS Day Celebration (24-09-2016)**

NSS day was celebrated and in relation to this, various programmes like documentary presentation which featured the importance of NSS and a short movie showing the various activities held by NSS unit were shown. NSS Programme Officers gave an overall account of the working of the NSS unit. Volunteers organised various cultural activities and everyone participated actively.

### **Gandhi Jayanthi (02-10-2016)**

Gandhi Jayanthi was observed on this day. Volunteer Secretaries delivered a short speech on Mahatma Gandhi, Father of our nation and about the freedom struggle he had lead to attain freedom for our country. The volunteers were grouped and were engaged in cleanliness drive programme. We celebrated Gandhi Jayanthi on 01-10-2016 (Saturday) and the whole week was observed as 'Sevana Varam'. On behalf of this we cleaned our college campus and public places in our city.

### **Orientation Class (22-10-2016)**

An orientation class was conducted for the newly enrolled volunteers by Dr.Hari, Associate Professor, Department of Zoology, S.N College Kollam. He stressed on the importance of NSS activities and the role of youth in building a healthy and strong nation. The class was a fruitful one and the students were equally motivated to participate in socially committed services. After the class there was an ice breaking section which helped the students to become confident and enthusiastic.

### **One Day Camp (05-11-2016)**

The camp began with the recital of NSS song. The main agenda of the day's camp was 'Go Green Movement'. The movement was organized to make the campus free from plastic. The volunteers were grouped into four groups and each group was assigned with a particular task. Group A was given the cleaning task, group B was given the board making task, group C was given the task of making dust bins from reusable materials and group D was having the overall work of helping all other groups. Volunteers actively performed their tasks and made the movement a success.

### **Clean Campus Programme (19-11-2016)**

The camp was organised to check the previous camp activities and to make sure that everything is running smoothly. On this day we made the list of materials needed for special camp. The volunteers cleaned the campus including the artificial pond and made pluck cards for the AIDS day rally. After the day's programme, the volunteers gave a review of the day's programme.

### **Organic Framing (26-11-2016)**

In order to create an awareness among the students concerning the importance of Organic Farming and its advantages, college NSS unit in association with Bhoomithra Sena club and Krishi Bhavan, Punalur made a plantation day in which volunteers planted seeds supplied by Krishi Bhavan. They created a small plot area of their own and sow the seeds supplied. After the programme volunteers gave a review of the day's programme.



### **AIDS Day (01-12-2016)**

World AIDS day was observed on this day and on behalf of this, a rally was organised jointly by the NSS unit and Taluk Hospital, Punalur. The rally was inaugurated by Dr.Subhgan, Superintendent, Taluk Hospital, Punalur. Volunteers marched on with pluck cards showing awareness about AIDS. The day's programme continued with an awareness class on AIDS by Dr.Jayaprakash, Retd.Professor and HOD of Zoology, Iqbal College Peringamala. Volunteer's made their review on the day's programme.

### **Volunteers Day (05-12-2016)**

A debate competition was conducted to mark volunteers' day celebrations. The topic of the debate was, 'Is political party a necessity in colleges?'. It was a healthy debate and the team who was against the topic won and the debate was concluded by the moderator.

### **One Day Camp (07-01-2017)**

The camp made an assessment of the activities of the seven day special camp. Students shared their experiences in the camp with other volunteers. Photos and videos of the special camp were shown in the review.

### **Seminar (21-01-2017)**

A one day seminar programme on Human Rights was organized by the College Human Rights Cell in association with National Human Rights Commission, New Delhi. The NSS volunteers got an exciting opportunity to be a part of the seminar. Great luminaries from different fields of Human Rights Forum gave valuable insight on the topics related to human rights. NSS unit programme officer and Human rights cell coordinator Smt.Biji M.S was the coordinator of this programme

### **Republic Day (26-01-2017)**

Republic day was observed on this day. The Republic day celebration was inaugurated by Dr.G.Jayasenana, Principal, S.N. College, Punalur. He hoisted the National flag and NSS volunteers who were assembled in the college campus marched and gave salute to the flag. After that the volunteers participated in the Republic day rally conducted at Punalur under the auspices of the Punalur Taluk Republic day celebration committee.

### **Essay writing competition (28-01-2017)**

On this day an essay writing competition was conducted by the NSS unit and the topic was, 'Drugs and Youth'. Students from all departments participated and the winners were awarded.

### **Seminar (04-02-2017)**

A seminar was conducted on the topic Anti-drugs. The class was led by Mr. Madhu, Excise Circle Inspector, Punalur. The class was about the increasing number of students using drug products and the crime rate of college students caused by the addiction to drug products. The seminar was a valuable one as it shared much minute information about drugs and drug abuses.



### **Clean campus programme (18-02-2017)**

A cleaning programme to maintain the campus a green campus was conducted. Volunteers were grouped into two and they cleaned the college auditorium, whole college campus and the campus road. After the cleaning section volunteers were assembled to have a discussion on the upcoming events especially the college day. Finally the volunteers made reviews about the day's activities.

### **Annual day programme (25-02-2017)**

Annual day celebration and Farewell function was held on 25-03-2017. Ms. Thara, NSS volunteer welcomed the gathering and Dr.G.Jayasenana, Principal, chaired the meeting and delivered the Presidential address. He released a hand

written magazine prepared by the NSS unit of college. The camp certificates of volunteers were awarded by the Principal. Mr.Amaljith,volunteer and Ms.Shabhana.S, volunteer, felicitated the occasion. Mr.Bilu Raj, volunteer proposed the vote of thanks. After the meeting cultural programmes were conducted by the volunteers. At the end of the day Programme officers Dr.Bijo. S.Anand and Prof. Biji M.S, felicitated the volunteers for their efficient coordination of the programme.

### **Free eye testing camp (04-03-2017)**

An eye testing camp service was organised by NSS unit in association with Sankar's Eye Hospital, Punalur. The eye testing camp turned out to be an effective one. Free eye check up was done to all the students, teachers and non-teaching staffs. Those detected with vision problems will receive follow up treatments in the eye clinic later on. The students marked great responses in the review register. Nearly 220 people registered for the camp.



### **One day camp (18-03-2017)**

On this day, NSS Programme Officers gave a lecture on Environmental Issues. After the lecture, there was an interactive session with the volunteers. The volunteers gave their views and opinions on the ways to protect and nurture the nature. Volunteers harvested organic vegetables from our small plot farm and gave it to the college canteen.